



Urban Spa



PRICELIST 2016

www.urbanspa.com.au

PREPARE FOR SPRING

\$129

Microdermabrasion Treatment

Coconut Fully Body Exfoliation

Eye Lash Tint and Eye Brow Shape

Spray Tan

(recommended the following day)

OR

15 min Back Massage



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SAVINGS PROGRAMS

DIAMOND MEMBERSHIP \$2000

\$2000 will be credited to your account and you will receive 30% off any purchase which is deducted off the \$2000 credit. Once the Credit has been used, clients can then top up their account to continue receiving the 30% discount (over \$600 worth of free treatments, services, gift voucher or product).

PLATINUM MEMBERSHIP \$1000

\$1000 will be credited to your account and you will receive 20% off any purchase which is deducted off the \$1000 credit. Once the Credit has been used, clients can then top up their account to continue receiving the 20% discount (over \$200 worth of free treatments, services, gift voucher or product).

GOLD MEMBERSHIP \$500

\$500 will be credited to your account and you will receive 10% off any purchase which is deducted off the \$500 credit. Once the credit has been used, clients can then top up their account to continue receiving the 10% discount.

PINK MEMBERSHIP \$250

\$250 will be credited to your account and you will receive 5% off any purchase which is deducted off the \$250 credit. Once the credit has been used, clients can then top up their account to continue receiving the 5% discount.



SPA PACKAGES & VOUCHERS

REJUVENATION RITUAL

2 hrs **219**

- Full client consultation and Treatment program recommendation
- Peppermint & Lavender Foot Scrub
- Warm Coconut Body Polish
- Hawaiian Massage of the Back, Neck & Shoulders
- Heavenly Spa Facial

URBAN INDULGENCE

2 hrs **219**

- Full client consultation and Treatment program recommendation
- Peppermint & Lavender Foot Scrub
- Hand and Foot massage
- Rejuvenating scalp massage
- 1 hr Blissful Hot Stone Body Massage
- 1 hr Heavenly Spa Facial

PURE BLISS

2 hrs **224**

- Full client consultation and Treatment program recommendation
- Peppermint & Lavender Foot Scrub
- Hand and Foot massage
- ½ hr Aromatherapy Massage of the Back, Neck and Shoulders
- Heavenly Spa Facial
- Eyebrow Shape & Eyelash Tint
- Spa Restore Foot treatment

SPA PACKAGES & VOUCHERS

HEAVEN ON EARTH

2.5 hrs **239**

- Full client consultation and Treatment program recommendation
- Peppermint & Lavender Foot Scrub
- Hand and Foot massage
- Stress Relieving Aroma Massage of the Back, Neck & Shoulders
- Heavenly Spa Facial
- Spa Restore Foot treatment

URBAN ESCAPE

3 hrs **349**

- Full client consultation and Treatment program recommendation
- Peppermint & Lavender Foot Scrub
- Hand and Foot massage
- Warm coconut body exfoliation
- 1 hr Hot Stone Body Massage
- 1 hr Heavenly Spa Facial
- Spa Restore Foot treatment

ULTIMATE RETREAT

4 hrs **425**

- Full client consultation and Treatment program recommendation
- Peppermint & Lavender Foot Scrub
- Hand and Foot massage
- Warm coconut Body Polish
- Aromatherapy Massage - 1 hr
- Heavenly Spa Facial - 1 hr
- Spa Rejuvenation Hand Treatment
- Spa Rejuvenation Foot Treatment

**GIFT VOUCHERS CAN BE PURCHASED SECURELY
ONLINE WWW.URBANSPA.COM.AU**



URBAN SPA FACIAL TREATMENTS

PURE FACIAL

45 mins **92**

This intensive 45 minute facial is designed individually for your needs whether they are hydration, deep cleansing, pore refining or relaxation, acne, sensitivity. This facial is specifically designed around your main concerns.

HEAVENLY SPA FACIAL

60 mins **124**

This rejuvenating 1 hour facial refreshes & renews the skin, whilst relieving stress & tension through our unique aromatherapy facial techniques:

- Full consultation Cleansing
- Skin Assessment
- Gentle Exfoliation to remove dead skin and clean pores
- Deep Cleansing using steam and brushes
- Intensive Black Head Treatment
- Acid Balancing & Oxygenation treatment
- Lymphatic drainage around the eyes to reduce dark circles and puffiness
- Heavenly Massage of the Face, neck & shoulders using individually prepared essential oils.
- Individually prepared Aromatherapy Mask
- Relaxing Hand and Foot Massage
- Rejuvenating Scalp Massage
- Personal Skin Care Program Recommendations
- Treatment Program and home care recommendation to treat main concerns.

SERENITY SPA FACIAL

75 mins **142**

Our most popular facial treatment bringing vitality & radiance whilst relieving stress & tension, over an hour including:

- Full consultation Cleansing
- Skin Assessment
- Gentle Exfoliation to remove dead skin and clean pores
- Deep Cleansing using steam and brushes
- Intensive Black Head Treatment
- Acid Balancing & Oxygenation treatment
- Lymphatic drainage around the eyes to reduce dark circles and puffiness
- Heavenly Massage of the Face, neck & shoulders using individually prepared essential oils.
- Individually prepared Aromatherapy Mask
- Relaxing Hand and Foot Massage
- Rejuvenating Scalp Massage
- Eye Lash Tint and Eye Brow Shape or 20 minute back massage
- Personal Skin Care Program Recommendations
- Treatment Program and home care recommendation to treat main concerns.

URBAN SPA FACIAL TREATMENTS

THE URBAN SPA SIGNATURE FACIAL

2 hrs 215

Two Hours of Heaven including:

- Full consultation Cleansing
- Skin Assessment
- Eye Lash Tint and Eye Brow Shape
- Anti ageing glycolic peel treatment
- Gentle Exfoliation to remove dead skin and clean pores
- Deep Cleansing using steam and brushes
- Intensive Black Head Treatment
- Acid Balancing & Oxygenation treatment
- Lymphatic drainage around the eyes to reduce dark circles and puffiness
- Heavenly Massage of the Face, neck & shoulders using individually prepared essential oils.
- Anti ageing Collagen Mask with warm paraffin
- Relaxing Hand and Foot Massage
- Rejuvenating Scalp Massage
- 20 minute back massage
- Personal Skin Care Program Recommendations
- Treatment Program and home care recommendation to treat main concerns.



CORRECTIVE FACIAL TREATMENTS

COLLAGEN BOOSTER

45 mins **92 (1)**

Rejuvenate your skin with this infusion of collagen to plump fine lines, refresh & renew, including a blissful scalp & foot massage.

Add on to a Spa Facial

49

AGE DEFENCE PEEL

45 mins **92 (1)**

Ultimate Alpha Hydroxy Treatment, which is medically acknowledged to be effective in the treatment of premature ageing, sun damaged skin, clogging & blackheads. Best done in a series of ten treatments.

Can be added on to Spa Facial

49

MICRODERMABRASION

This amazing crystal treatment delays & reduces premature ageing, reduces scarring & congestion, refines the surface as well as stimulating collagen & elastin production. Best results seen after a series of treatments. Please see below the cost when purchases in a membership

	one	six	ten
Microdermabrasion	124	706	1116
Microdermabrasion & Collagen	164	934	1476

IPL PHOTOFACIAL

The Ultimate treatment in skin rejuvenation, IPL helps fight so many skin concerns including fine lines, wrinkles, Pigmentation, Acne, scarring and so many more. IPL also stimulates collagen and Elastin, resulting a younger, clearer and more beautiful Skin.

	one	six	ten
Full Face	185	527	999
Face, Neck & Décolletage	369	1051	1992

IPL HAND PHOTO REJUVENATION

45 mins

IPL Skin rejuvenation of the hands to treat premature ageing, & age spots of the hands. Best results seen with a series of treatments.

	one	six	ten
Full Hand	149	424	804

URBAN SPA TREATMENT PLANS

REJUVENATION – 6 WEEK PROGRAM

Treatment Plan **762.30** **Save 84.70**

Our Rejuvenation program is designed to release tension and nurture our minds and bodies. We all lead busy lives and we all deserve a little bit of our own time, either once a week, fortnight or monthly. It is important to take time out to relax and rejuvenate so we are able to put 100% back into our busy lives.

Treatment Plan includes:

- 1x 1hr Heavenly Facial
- 1x 1hr Hot stone Massage
- 1x 75min Serenity Facial
- 1x 1hr Aromatherapy Massage
- 1x 1hr Heavenly Facial
- 1x 2hr Ultimate Facial

CLARIFY & HEAL – 6 WEEK PROGRAM

Treatment Plan **938** **Save 105**

Designed for problematic skin prone to breakouts, blemishes, clogging and blackheads.

Treatment Plan includes:

- 4x Micro Dermabrasion Treatments
- 1x Pure Facial Deep Cleanse Treatments
- 2x Skin Renewing Glycolic Peels
- 2x Anti Oxidant Ionis Infusions
- 4x Collagen Masks
- 1x 2hr Signature Facial

RENEW & REJUVENATE – 7 WEEK PROGRAM

Treatment Plan **1279** **Save 142**

The package for all skin types, perfect to do before a big event such as a wedding or can be used after one of our more intensive packages as a maintenance program over a period of time—for All skin types.

Treatment Plan includes:

- 5x Micro Dermabrasion treatments
- 5x Anti Ageing Collagen Masks
- 1x Serenity Facial Deep Cleanse Treatments
- 2x Skin Renewing Glycolic Peels
- 2x Anti Oxidant Ionis Infusions
- 1x 2hr Signature Facial

URBAN SPA TREATMENT PLANS

SKIN FITNESS – 10 WEEK PROGRAM

Treatment Plan **1338** **Save 148**

Our skin fitness program is the perfect solution to all skin concerns, including intense pulse light, microdermabrasion and glycolysis peels.

Treatment Plan includes:

- 3x Full Face IPL
- 3x Full Face Glycolic Treatments
- 4x Microdermabrasions Treatments + Collagen

REVITALISE ME – 8 WEEK PROGRAM

Treatment Plan **1440** **Save 160**

Starting to see small fine lines and wrinkles, does your skin look tired and run down due to being so busy looking after everyone else? This anti ageing and very cost effective treatment plan is for you! Combat fine lines, wrinkles and age spots whilst increasing collagen and elastin with IPL Facial rejuvenation and Micro Dermabrasion treatments.

Treatment Plan includes:

- 5x Micro Dermabrasion treatments and collagen treatments
- 1x Age Defence Glycolic Peel
- 3x Age Defence ionis infusions
- 2x IPL Photo Rejuvenation Treatments
- 1x 2hr Signature Facials
- PLUS** a Consultation with Juv'ae for Injectables

TURN BACK TIME – 8 WEEK PROGRAM

Photo Rejuvenation Plan **1651** **Save 183**

Our Turn Back time advanced package is an intensive treatment plan to intensely combat premature ageing, these intensive treatments will leave your skin firmer, more vibrant, whilst fine lines, wrinkles and age spots are reduced.

Treatment Plan includes:

- 5x Micro Dermabrasion Treatments
- 5x Anti Ageing Collagen Masks
- 3x IPL Photo Rejuvenation Treatment
- 2x Age Defence Glycolic Peels
- 3x Age Defence Ionis Infusions
- 1x Signature Facial Treatment
- PLUS** a Consultation with Juv'ae for Injectables

IPL HAIR REMOVAL

IPL Hair Reduction is an amazing, completely safe, way to PERMANENTLY reduce your unwanted hair! We also treat white hair, blonde hair and red hair.

Initial consultations are free.

AREAS WE OFFER IPL HAIR REMOVAL ON ARE:

Nose	15
Chin	22
Lip	22
Lip & Chin	33
Bikini	55
Feet & Toes	55
Hands & Fingers	55
Neck (front or back)	55
Sides of Face	55
Snail Trail	55
Underarms	55
Female Brazilian	65
Female Brazilian with Underarms	65
Quarter Arms	65
Sides of Back	65
Quarter Back	76
Quarter Legs	76
Shoulders	76
Stomach	76
Chest	139
Half Arms	139
Half Back	139
Chest & Stomach	175
Full Arms	175
Half Legs	175
Three Quarter Back	175
Back & Shoulders	219
Full Legs	219
Female Half Legs, Brazilian & Underarms	185
Female Full Legs, Brazilian & Underarms	229







WAXING AND TINTING

We provide the following waxing procedures:

Lip or Chin	18
Lip & Chin	32
Sides of Face	18
Eyebrow Shape	25
Eyelash Tint	25
Eyebrow Tint	18
Eyebrow Shape & Tint	33
Eyelash Tint & Eyebrow Shape	39
Eyebrow Shape, Tint & Eyelash Tint	50

BODY WAXING & TANNING

We use the highest quality wax, and strict hygienic non re-dipping methods safe for sensitive skins. All leg waxes include a full leg body polish and hot towel treatment.

Half leg	39
Top half leg	48
Three quarter leg	54
Full leg	65
Bikini	from 25
G-string	39
Brazilian	72
Underarm	23
Half arm	39
Arm	50
Half leg & bikini	58
Top half leg & bikini	58
Half leg & Brazilian	102
Full leg & bikini	79
Full leg & Brazilian	119
Underarm & Bikini	40
Men's (Back, Shoulders or Chest)	60
Spray Tan (selected spas)	49

Minx Spray Prescriptive Tanning - All full consultation is provided and the correct colour and tan used to give you the Perfect Tan.



SPA BODY TREATMENTS

MASSAGE

1/2 hour of Heaven Massage	75
1 hr Aromatherapy Body Massage	119
Aromatherapy Body Massage with Body Polish	142
1 hr Hot Stone Lomi Lomi Massage	123
Pregnancy Body Massage	123
Indian Head Massage	75
1 1/2 hour Hawaiian Lomi Lomi Massage	170

COCO-LICIOUS BODY POLISH 75

Warm Oil is combined with our Coconut Body Scrub to gently exfoliate, smooth & nourish your skin.

ULTIMATE BODY TREATMENT 186

Our Ultimate Body Treatment combines a Coco-licious Body Polish with a Hydrating Rose Body Mask & Wrap. Your skin will be left absolutely soft, silky, smooth, hydrated and simply glowing. Whilst your stress & tension will have been massaged away with a heavenly scalp massage. This is the Urban Spa Ultimate Body treatment!



HAND & FOOT THERAPY

NEW SPA REJUVENATION HAND TREATMENT 60 mins **76**

Rejuvenating Coconut and Honey hand exfoliation, warm Hydrating Rose Mask, 15 min rejuvenating hand massage finishing with a warm Paraffin Treatment. Leaving your hands Beautiful and soft.

NEW SPA RESTORE FOOT TREATMENT 60 mins **76**

Rejuvenating Coconut and Honey foot exfoliation, warm Hydrating Rose Mask, 15 min rejuvenating foot massage finishing with a warm Paraffin Treatment. Leaving your feet Beautiful and soft.

PRESSURE POINT FOOT MASSAGE 30 mins **66**

1/2 hour heavenly foot massage using reflexology & pressure points to balance & relax.

**GIFT VOUCHERS CAN BE
PURCHASED SECURELY ONLINE
WWW.URBANSPA.COM.AU**



INJECTABLES BY JU'VAE

Established in Sydney, Juv'ae aims to assist clients improve their appearance and confidence. Juv'ae provides the most advanced and safe non-surgical treatments that are clinically tried and tested. The team from Ju'vae are trained by the world's leader in non-cosmetic procedures- Allergan Australia.

Juv'ae offer our patients a welcoming and professional environment. They are dedicated to devote the utmost attention to each client, and the highest level of aesthetic expertise. Juv'ae specialises in anti-wrinkle therapy and the latest skincare treatments.

Juv'ae offer a fully integrated service which includes: Plastic Surgeon for consultation, Trained Cosmetic Doctors & Registered Nursing Staff, Anti-Wrinkle Injections, Fillers and Pre and Post Care.

BROW LIFT	from 59
FOREHEAD LINES	from 149
CROWS FEET OR FROWN	from 299
READ MY LIPS	from 389
HYDRATION	from 400
DARK CIRCLES	from 549
LOWER FACE	from 649
REDUCE SWEATING	from 990

URBAN SPA PRODUCTS

Urban Spa is an Australian made, professional skin care range. It was created after years of research utilising the combined skin care knowledge of leading beauty therapists, Australia's top cosmetic chemists and aroma therapists. Designed to treat the very specific skin conditions of Australian clients, particularly premature ageing due to the harsh Australian environment. Urban Spa products are the perfect synergy of nature and science. Combining the ancient wisdom and healing forces of flower and plant extracts, vitamins and anti oxidants with the latest scientific technology. All products can be purchased online. www.urbanspa.com.au



BEAUTY THERAPY TRAINING

Our Australian Academy of Beauty & Spa Therapy offers two full Beauty Therapy Training Courses:

- DIPLOma of Beauty Therapy SIB50109
- Certificate IV of Beauty Therapy SIB40109

The Australian Academy of Beauty & Spa Therapy offers full & part time courses for people interested in a career in Beauty Therapy. The DIPLOma of Beauty Therapy SIB 50109 & Certificate IV in Beauty Therapy SIB40109 are Government Accredited and Internationally Accredited. The Academy Campuses are located at North Strathfield, Castle Hill, Chatswood and Kogarah. Both day and evenings have January and July intakes. Please visit our website

www.australianacademyofbeautytherapy.com

**VET FEE APPROVED.
STUDY NOW, PAY LATER.**





URBAN SPA FRANCHISE

WOULD YOU LIKE TO OWN AN URBAN SPA?

Imagine working in beautiful surroundings every day...

Imagine working hours that suit your lifestyle...

Imagine working to secure your financial future...

Join Urban Spa and share our dreams.

The Continued Success of Urban Spa is a combination of 30 years Beauty Therapy Experience, providing our clients with the highest standard of treatments and services whilst using Australian Made skin care especially designed to help combat the harsh Australian Environment that we live in.

Owning your own Urban Spa you to will be able to offer your clients the ultimate spa experience, with the ongoing training, support and marketing that Urban Spa will provide.

With over 30 years experience in owning and managing successful spas, we are offering you the opportunity to own your very own Urban Spa Franchise

Please call Michelle on 9487 7311 for more information or have a look on our website www.urbanspa.com.au under franchise for more information.

<http://www.urbanspa.com.au/pdfUrbanSpaFranchiseInfoPack200912.pdf>

URBAN SPA LOCATIONS

AVALON 9918 4022

Shop 2, 42-44 Old Barrenjoey Road

BEECROFT 9484 0990

Shop 7, 6-8 Hannah Street

BREAKFAST POINT 9743 0334

Shop 2 Market Street

CASTLE HILL 9680 3790

Shop 215, Castle Hill Mall, Old Northern Road

CHATSWOOD CHASE 9411 3444

Level 1, Shop 10, Chatswood Chase

DOUBLE BAY 9327 1711

Shop 10, Kiaora Place, 451 New South Head Road

KELLYVILLE 9629 1133

Shop 23 Kellyville Plaza Wrights Rd

MACQUARIE CENTRE, NORTH RYDE 9889 1922

Level 2, Shop 2242, Macquarie Shopping Centre

NEUTRAL BAY 9953 3032

Shop 2, 203 Military Road

RHODES 9736 1991

Shop 52, Lower Level, Rhodes Shopping Centre

ROZELLE 9555 1593

Shop 2, Union Place, 120 Terry Street

WAHROONGA 9487 7311

Shop 27 Coonanbarra Road